

# PREBIOPHAR

Helps developing the bifidobacterias of the commensal flora



Ref : 4004

**Presentation :**

*Box of 60 single dose packets of 4.5g*

**Directions:**

*1 dose of 4.5g per day*

**Do not use:**

*No known cases*

**PREBIOPHAR** is a food supplement classified oligofructose and inulin.

The main function of oligofructose and inulin is to rebalance or reinforce the equilibrium of the colonic micro flora by stimulating the proliferation and by activating the bifidobacteria et the lactic bacteria.

A balanced colonic flora (for the adult more than 400 species representing more than 200.000 billions of micro-organisms) has a composition allowing it to control a sub-dominant flora, it is useful but potentially pathogenic.

Among the bacteria beneficial for health, the bifidobacteria and the lactic bacteria, occupy a key place and play a preponderant role.

The inulin and the oligofructose contained in the PREBIOPHAR are the most studied and the most known prebiotics to promote:

- a better state of well-being
- a reduction of the of intestinal infection
- protection of the colon
- reinforcement of intestinal impermeability (barrier effect)
- the regulation of appetite and satiety
- a positive effect on constipation

**Composition for 1 baf of 4.5gr:** Mix of inuline and oligofructose